

Beverage	Acid (low =bad)	Sugar (teaspoons)
• Water	0.00	0.0
• Barqs Root Beer	4.61	10.7
• Diet Barqs	4.55	0.0
• Sprite	3.42	9.0
• Diet Dr. Pepper	3.41	0.0
• Diet Coke	3.39	0.0
• Mountain Dew	3.22	11.0
• Diet Mountain Dew	3.34	0.0
• Grape Minute Maid Soda	3.29	11.9
• Mountain Dew	3.22	11.0
• Fresca	3.20	0.0
• Orange Slice	3.12	11.9
• Diet Pepsi	3.05	0.0
• Nestea	3.04	5.0
• Gatorade	2.95	3.3
• Squirt	2.85	9.5
• Hawaiian Punch	2.82	10.2
• Orange Minute Maid Soda	2.80	11.2
• Coke Classic	2.53	9.3
• Pepsi	2.49	9.8
• Battery Acid	1.00 (ouch)	0.0